



Swara Aaradhana (Batch – 7)
Monday, Wednesday and Friday

HINDUSTHANI CLASSICAL MUSIC
JUNIOR GRADE
1st Year - 2026-2027

COURSE OUTLINE

INTRODUCTION

Hindustani music, also known as North Indian classical music, has a rich history and is considered to be a highly respected art form in India. It has numerous benefits which include scientific, spiritual, psychological, and an overall holistic approach to personality development. Music plays a significant role in nurturing aesthetic response. It increases a student's capacity for thoughtful feeling and feeling full thought. Knowing about music, developing sensitive and critical listening skills, creating and performing music an understanding the role of music are vital ingredients in the education of every student. It includes, providing a deeper understanding of the structures of raaga, taal and expressions, through meticulous techniques

OVERALL OBJECTIVES

- Learn the seven swaras and their relative positions by learning different Alankars,
- Swara progressions, Paltaas(basic rhythm patterns, and speeds), Jantisswaras, and musical elements, in perfect sur, laya and taal.
- Voice culture - breathing exercises, voice dynamics(loud/soft), pitch (high/low).
- Bringing appropriate expressions & modulations in the voice.
- Learning vowel sounds, Kanswaras, Meend, Khatka, Murki, Merukhand etc.
- Understanding and reciting all taalas- bol, taali, khaali, counts and other taal mahiti.
- Developing listening and writing skills by doing simple Swara mapping techniques, exercises, and understanding/identifying the placement of each Swara/swara patterns.
- Learning Bhajans, Drupads and Vachanas in the given Ragas.
- Application of the basics(paltas, alankars, swara progressions) in understanding the Raaga and TaaLa.
- Understanding Thaats, and the origin of Ragas.
- Studying and identifying the characteristics of all the Raagas.
- Studying the theory of Hindustani classical music.

Method of Assessment			
SL No	Task	Month of Assessment	Marks
1	Practical Assessment 1 (Group of 5 Students)	September/October/<u>November</u>	10
2	Practical Assessment 2 (Group of 5 or 3 Students)	December/January/<u>February</u>	10
3	Practical Assessment 3 (Group of 3 Students)	March/<u>April</u>/May	20 + 10
	Project Submission, Dairy,Notes		
		Total	50
Note: Performance may be in group but marks will be allotted individually.			

Schedule of Teaching

Session – 1				
Periods	Date	Topic	Subtopic	Class activity
1	June 5	Introduction to Music	Benefits & Learning Method of Music, Basics	Explanation Writing, Singing & Practicing Taal on Hand
		Basics in Music	Paltaas- 1221,1211 Alankar – 1 Taal – Teen Taal	
		Bhajan	Vinayaka Bhajan	
2	8	Basics in Music	Revision	
			Paltaas – 1222,1233	
3	10	Basics in Music	Revision	
			Paltaas & Alankaar 1&2	
4	12	Basics in Music	Revision	
			Practicing Method of Paltaas, Paltaas – 1211,1121	
5	15	Basics in Music	Revision, Alankar - 3	
6	17	Basics in Music	Revision, Songs	
			Jantisswaragalu	
7	19	Basics in Music	Revision	Explanation Writing, Singing & Practicing Taal on Hand
			Paltaas – 1212, Alankar - 5	
8	22	Basics in Music	Revision, Songs	
			Paltaas – 1123,Swara Progression – 1(sa sarisa sariga	
9	24	Basics in Music	Revision	
			Introduction to Taalaa Indetail, Paltaas - 1322	
10	29	Basics in Music	Revision, Kanswara (Touch Notes)	
11	July 1	Basics in Music	Revision, Paltaas ,Voice Culture	
			Taal – Dadara, Keharava	
12	3	Basics in Music	Revision, Meend , Paltaas	
13	6	Basics in Music	Revision, , Paltaas	
14	8	Basics in Music	Revision	
		Bhajan	Vinayaka Bhajan	
15	10	Introduction to Raag	Characteristics of Raag	
		Basics In Music	Paltaas – 1221, 1211 Taal – Teentaal	

		Raag- 1 Bhoop	Simple alap, Alankar	Explanation Writing, Singing & Practicing Taal on Hand
16	July 13	Basics in Music	Revision Paltaas-1212, 1112 Taal – Teen taal	
		Raag - Bhoop	Simple alap, Alanakar, Swara geete, Songs	
17	15	Basics in Music	Revision Paltaas- 1212, 1231 Taal – Keharava, TeenTaal	
		Raag – Bhoop	Lakshanageete with Notation, Songs	
18	17	Basics in Music	Revision Alankaar 1 (Basics 2) Taal – keharava	
		Raag – Bhoop	Lakshanageete with Notation, Songs	
19	20	Basics in Music	Revision Alankar 2 (Basics 2) Taal – Dadara, Ektaal	Explanation Writing, Singing & Practicing Taal on Hand
		Raag – Bhoop	Lakshanageete with Notation, Revision	
20	22	Basics in music	Revision Paltas-1223,1122 Taal – Dadara, Ektaal	
		Raag – Bhoop	Chotakhyaal with Notation, Revision	
21	24	Basics In Music	Revision Paltaas – 1234,1321 Taal – Dadar, Ektaal	
		Raag – Bhoop	Chotakhyaal with Notation, Revision	
22	27	Basics in Music	Revision Paltaas –1213,1223 Taal- Dadara, Ektaal	
		Raag 1–Bhoop	Chotakhyaal with Notation, Taalabaddha alap, Taan, Songs	
23	29	Basics in Music	Revision Paltaas-1112,1323 Taal – Dadara, Ektaal	
		Raag – Bhoop	Chotakhyaal with Notation, Taalabaddha alap, Taan Revision	
24	31	Basics in Music	Revision Paltaas- 1121,1123 Taal – Jhaptaal	
		Raag – Bhoop	Revision	
25	Aug 3	Basics in Music	Revision 12211211, Taal – Jhaptaal	
		Raag – Bhoop	Revision	

26	5	Basics in music	Alankar 3, Taal – Jhaptaal	Explanation Writing, Singing & Practicing Taal on Hand
		Raag – Bhoop	Revision	
27	7	Basics in Music	Revision Paltas-12121234, Swarapgression1(A) Taal – Jhaptaal	
		Raag – Bhoop	Revision, Songs	
28	10	Basics In Music	Revision , Voice culture Paltaas – 12323211, Swarapgression1(B) Taal – Jhaptaal	
		Raag – Bhoop	Revision	
29	12	Basics in Music	Revision Paltaas-12222111, Offbeat-1 (Basics 2) Taal- Jhaptaal	
		Raag – Bhoop	Revision	
30	14	Basics in Music	Revision Paltaas-12121211, Taal – Teen taal	
		Raag – Bhoop	Revisions, Songs	
31	17	Basics in Music	Revision Paltaas- Learn to Create Own Paltas, Taal – Roopak	
		Raag – Bhoop	Bhajan, Revision	
32	19	Basics in Music	Revision Learn to Create Own 4 Matra Paltaas in Teen Taal.Taal – Roopak	
		Raag – Bhoop	Bhajan, Revision	
33	21	Basics in Music	Revision Jantishwaragalu, Taal – Roopak	
		Raag – Bhoop	Bandish, Simple alap, Simple Taan, Revision	
34	24	Basics in Music	Revision Paltas- 1232 321- 321- 321- Taal - Roopak	
		Raag – Bhoop	Bhajan, Revision	
35	28	Basics In Music	Paltaas – 1234 1234 1234 321- Taal – Offbeat	
		Raag Bhoop	Bhajan, Revision	
		Theory	Paribhashika shabdagalu	
36	31, Sep 2	Basics in Music	Revision Voice culture & Its Importance	
		Raag Bhoop	Bhajan, Revision	
37	4	Basics in Music	Revision Voice culture, 4 matra paltaas	

		Raag Bhoop	Revision	Explanation Writing, Singing & Practicing Taal on Hand
38	7	Basics in Music	Revision 4 Matra paltaas, Taalagalu	
		Raag Bhoop	Revision	
39	9	Basics in Music	Revision 8 Matra Paltaas, all Taalagalu	
		Raag Bhoop	Revision	
40	11	Basics in Music	Revision 8 Matra Paltaas, all Taalagalu	
		Raag Bhoop	Taans	
41	16	Basics in Music	Revision 8 Matra Paltaas, all Taalagalu	
		Raag Bhoop	Taans	
42	18	Basics in Music	Revision,Practicals	
		Raag Bhoop		
Session – 2				
43	21	Basics in Music	Revision	
		Raag Bhoop		
44	Octo 23	Basics in Music	Alankar 5,Paltaas	
		Raag 2 Durga	Introduction to Raag	
45	26	Basics in Music Raag 2 – Durga	Alankaar 5, Simple Alap, Alanakar, Swara Geete	
46	28	Basis in Music	Revision,Importance of Alankar 5	
		Raag Durga	Simple alap, Alanakar, Swara geete,	
47	30	Basics in Music	Revision,Paltaas –1213, 1223 Taal- Dadara, Ektaal	
		Raag - Durga	Simple alap, Alanakar,	
48	Nov 2	Basics in Music	Revision Paltaas-1112, 1323 Taal – Dadara, Ektaal	
		Raag – Durga	Swarageete, Revision	
49	4	Basics in Music	Revision Paltaas- 1121, 1123 Taal – Jhaptal	
		Raag – Durga	Swara geete, Revision	
50	6	Basics in Music	Revision,12211211, Taal – Jhaptal	
		Raag – Durga	Lakshanageete with Notation, Songs	
51	11	Basics in Music	Revision Alankar 3, Taal – Jhaptal	
		Raag Durga	Lakshanageete with Notation,	

52	13	Basics In Music	Revision,Paltas-12121234, Swaraprogression 1(A) Taal – Jhaptaal	Explanation writing, singing & practicing taal on hand
		Raag – Durga	Lakshanageete with Notation,	
53	16	Basics in Music	Revision, Paltaas – 12323211, Swaraprogression1(B) Taal – Jhaptaal	
		Raag – Durga	Simple Alaap, Bandish (Chota khyal) with Notation, Revision	
54	18	Basics in Music	Revision,Paltaas-12222111, Offbeat-1 Taal- Jhaptaal	
		Raag – Durga	Bandish, Simple Alap, Simple Taan,	
55	20	Basics in Music	Revision, Paltaas-12121211, Taal – Teen taal	
		Raag – Durga	Revision	
56	23	Basics in Music	Revision, Paltaas- 12111211 Taal – Roopak	
		Raag – Durga	Bandish, Simple Alap, Simple Taan,	
57	25	Basics in Music	Revision,Alankar 7, Swara progression 1 (C)	
		Raag - Durga	Bandish, Simple Alap, Simple Taan, Songs	
		Theory	Characteristics of Raag	
58	Dec 2	Basics in Music	Revision, 4 Matra Teentaal paltaas ,Work on Teen taal	
		Raag - Durga	Bandish ,Simple alap, Simple Taan,	
59	4	Basics in Music	Revision	
		Raag – Durga	Revision ,Bhajan	
60	7	Basics in Music	Revision,Alankar 1, 4 Matra Teen taal paltaas	
		Raag – Durga	Revision	
61	9	Basics in Music	Revision Komala, Teevra Swara Practice	
		Raag – Durga	Revision, Songs	
62	11	Basics in Music	Revision Komala ,Teevra Swara Practice	
		Raag Durga	Revision	
63	14	Basics In music	Komala ,Teevra Swara Practice	
		Raag – Durga	. Revision, Practicals	
Session – 3				
64	16	Basics in Music	Komala, Teevra swara Practice	

		Raag - 3 Bheempalas	Introduction to Raag, Alap, Alankaar 5	Explanation Writing, Singing & Practicing Taal on Hand
65	18	Basics in Music	Revision, Komala, Teevra Twara Practice, Offbeat 1	
		Raag – Bheempalas	Introduction to Raag, Alap, Alankaar, Swara geete	
66	21	Basics in Music	Revision Offbeat 2, Paltaas in 4 Matra	
		Raag – Bheempalas	Lakshanageete with Notation, Revision	
67	23	Basics in Music	Revision, Offbeat 3, On Beat and Off Beat and Its Importance	
		Raag – Bheempals	Lakshanageete with Notation, Revision	
68	28	Basics In Music	Revision On & Off Beat Learning with Different Chand	
		Raag - Bheempalas	Lakshanageete with Notation, Songs	
		Theory	Characteristics of Raag, Elements of music	
69	30	Basics in Music	Revision, Offbeat 1,2,3	
		Raag – Bheempalas	Lakshanageete with Notation, Revision	
70	Jan 1	Basics in Music	Revision	
		Raag – Bheempalas	Bandish, Simple Alap, Simple Taan,	
71	4	Basics in Music	Revision Taal- Rupak	
		Raag – Bheempalas	Bandish, Simple Alap, Simple Taan, Revision	
72	6	Basics in Music	Revision, Alankar 5, Taal- Ektaal	
		Raag – Bheempalas	Bandish, Simple Alap, Simple Taan,	
73	8	Basics in Music	Revision, Swar progression 1B, Taal- Jhaptal	Explanation Writing, Singing & Practicing Taal on Hand
		Raag – Bheempals	Bandish, Simple Alap, Simple Taan, Revision	
74,75	11,18	Basics In Music	Revision Jantisaragalu, Jhaptal	
		Raag - Bheempalas	Revision	
76	20	Basics in Music	Revision Alankar 2, 4 Matra Paltaas	
		Raag – Bheempalas	Revision	
77	22	Basics in Music	Revision Swara Progression 1A, Taal Ektaal	
		Raag – Bheempalas	Revision , Bhajan	
78	25	Basics in Music	Revision Alankar 7, Taal -Ektaal	
		Raag – Bheempals	Revision , Bhajan	

79	27	Basics In Music	Revision Voice Culture, Taal- Ektaal		
		Raag - Bheempalas	Bhajan, Revision		
80	29	Basics in Music	Revision Alankaar 2, All Taalas		
		Raag – Bheempalas	Bhajan, Taans Practice		
		Theory	Importance of Basics		
81	Feb 8	Basics in Music	Revisions, Practicals		
		Raag – Bheempalas			
Session – 4					
82	10	Basics in Music	Revision Swara Progression 1 (A,B,C)	Explanation Writing, Singing & Practicing Taal on Hand	
		Raag – 4 Bhagesri	Introduction to Raag, Alap, Alankaar		
83	12	Basics in Music	Revision Komala, Teevra swara practice, Offbeat 1		
		Raag – Bhagesri	Introduction to Raag, Alap, Alankaar,Swara geete		
84	15	Basics in Music	Revision Offbeat 2, Paltaas in 4 Matra		
		Raag – Bhagesri	Lakshanageete with Notation,		
		Theory	Taala in Detail,Elements of Music		
85	17	Basics in Music	Revision Offbeat 3, On Beat and Off Beat and Its Importance		
		Raag – Bhagesri	Lakshanageete with Notation,		
86	19	Basics In Music	Revision,On & Off Beat Learning with Different Chand		
		Raag – Bhagesri	Lakshanageete with Notation,		
87	22	Basics in Music	Revision, Songs Offbeat 1,2,3		
		Raag – Bhagesri	Lakshanageete with Notation,		
88	24	Basics in Music	Revision		
		Raag – Bhagesri	Bandish,Simple Alap,Simple Taan,		
89	26	Basics in Music	Revision Taal- Rupak		
		Raag – Bhagesri	Bandish,Simple Alap,Simple Taan, Revision		
90	Mar 1	Basics in Music	Revision Alankar 5, Taal- Ektaal		
		Raag – Bhagesri	Bandish,Simple Alap,Simple Taan,		
91	3	Basics in Music	Revision		

			Swar Progression B, Taal-Jhaptaal	Explanation Writing, Singing & Practicing Taal on Hand
		Raag - Bhagesri	Bandish, Simple Alap, Simple Taan,	
92	5	Basics in Music	Revision Jantishwaragalu, Jhaptaal	
		Raag – Bhagesri	Revision ,Bhajan	
93	8	Basics in Music	Revision Alankar 2, 4 Matra Paltaas	
		Raag – Bhagesri	Revision ,Bhajan	
94 to 110	April 1 to 22	Basics in Music	Revision Swara progression 1A, Taal Ektaal	
		Raag – Bhagesri	Revision ,Bhajan	
		Basics in Music	Revision Alankar 7, Taal -Ektaal	
		Raag – Bhagesri	Taans Practice	
		Basics in Music	Revision Voice Culture, Taal- Ektaal	
		Raag - Bhagesri	Revision, Songs	
		Theory	Taala in Detail, Elements of music	Explanation Writing, Singing & Practicing Taal on Hand
		Basics in Music	Revision, Basics 1&2 Voice Culture, Taal- Ektaal	
		Raag - Bhagesri, Bhoop,	Revision, Songs	
		Theory	Taala in Detail, Elements of music	
		Basics in Music	Revision, Basics 1&2 Voice Culture, Taal- Ektaal	
		Raag - Bhagesri, Bheempalasi	Revision, Songs	
		Theory	Taala in Detail, Elements of music	
		Raag – Durga, Bhoop	Revision, Songs	
		Raag - Bhagesri, Bheempalasi	Revision, Songs	
		Basics in Music	Theory - Paribhashika shabdagalu and Characteristics of Raag, Project work on Raaga & Taala , Old Question papers solving, Creativity on Basics and Raaga.	
		Raagas Basics and Songs	Revisions and Practicals	